



COMMONWEALTH of VIRGINIA

Department for the Aging

Jay W. DeBoer, J.D., Commissioner

TABLE OF CONTENTS AAA TUESDAY E-MAILING April 27, 2004

SUBJECT

VDA ID NUMBER

National Family Caregiver Support Program –
Caregiving in the U.S.
(Ellen Nau)

04-137

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Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: April 27, 2004

SUBJECT: National Family Caregiver Support Program – ***Caregiving in the U.S.***

Now available on the AARP and National Alliance for Caregivers websites is a new study funded by the MetLife Foundation, ***Caregiving in the U.S.*** www.aarp.org or <http://www.caregiving.org/04finalreport.pdf>. 83% of the caregivers surveyed say they are assisting relatives. The typical caregiver is a married 46-year-old female with some college experience who provides care to a female over 50. Nearly 60 % of caregivers work while providing care. The report gives a wealth of valuable information ranging from the type of services accessed by caregivers to the level of physical and emotional burdens experienced by caregivers.